

# GAMES (Striking/Fielding, Net/Wall, Invasion)

## Acquiring and developing skills

P4-5	P6-7	P8	NC1	NC2
Understand some basic sending concepts e.g. sending big and small balls	Send or bounce a ball to partner Send large and small balls into a basket on the floor	Pass or send a ball to your partner accurately	Send a ball over arm/ under arm	Send the ball with control i.e. into space Turn sideways on to send or strike a ball
Push a large ball along the floor	Strike a ball along the floor with a bat or stick	Strike or send a ball towards a large target	Stop / strike rolling ball with a bat or stick	Keep a rally going for more than a series of three
Move and dribble a large ball in space	Show control and accuracy in basic actions e.g. roll a ball to a partner	Use a range of skills to help you keep control of the ball	Dribble the ball keeping control consistently	Change direction and speed when dribbling the ball
Send a large ball with no control or direction	Stop and kick a rolling ball with foot	Kick or hit a ball towards a large target	Understand how to get in line with a ball to receive it e.g. trapping a ball	Use a range of skills to help you keep control of the ball
Pick up a bean bag without releasing it	Release and catch a bean bag	Catch a bean bag from a throw	Catch a large or small ball from a throw or a bounce pass	Catch a ball with 2 hands throw with 1 under arm/ over arm
Send a large ball with no control or direction	Send the ball under arm towards a given point	Stop a rolling ball, pick up and throw back	Throw the ball to a partner at an appropriate height for them to hit it	Return the ball accurately over arm and underarm to base
Strike a large foam ball with hand	Strike a foam ball/ soft shuttle with a racket	Hit a foam ball after it has bounced on the floor	Hit a ball thrown after it has bounced on the floor	Make the ball bounce twice in the court area

# GAMES (Striking/Fielding, Net/Wall, Invasion)

## Selecting and applying skills, tactics and compositional ideas

P 4-5	P 6-7	P 8	NC1	NC2
Play simple games with others	Play simple team games but require support to keep score and follow rules	Play simple games but need support to follow games rules and keep score	Follow the given rules of the games without dispute	Work as a team to make up your own game without disputes
Indicate person to send large ball to	Send ball to partner around obstacle e.g. Piggy in middle	Recognise when to aim and when to pass to a team mate	Play as a member of a team	Work co-operatively with others when working on a skill or playing a game
Move to a directed space e.g. mat	Run into space without touching anyone	Work within a given space	Use space and skill in response to an opponents actions	Use space effectively in the game
Take turns with a partner	Share and work in a small group cooperatively	Play simple games with a partner e.g. how many bounces you can make in 20 seconds	Play a simple competitive game with a partner	Play simple team games Plan where to stand to make it difficult for opponents

## Knowledge and understanding of fitness and health

P 4-5	P 6-7	P 8	NC1	NC2
Be aware that moving and activities make you breathe more quickly	Recognise the changes that happen to your body when you are active	Explain why moving and playing games is good for you	Describe what it feels like when you breathe faster during exercise	Understand and describe changes in heart rate when playing games
Follow simple warm up and cool down activities	Understand the effects and benefits of exercise	Understand the need to warm up and cool down	Describe what activities to use for a warm-up	Select an appropriate warm-up activity

# GAMES (Striking/Fielding, Net/Wall, Invasion)

## Evaluating and improving performance

P4-5	P6-7	P8	NC1	NC2
Copy actions	Copy actions and recognise quality	Recognise success and describe how you can improve your skills	Describe the help you need to improve your play	Identify what you do best and find most difficult
Watching others demonstrate activity / movement	Comment on the work of others	Show an increasing awareness of others. Observe and describe actions	Use appropriate language to describe a performance	Explain how your teams performance could be improved
Repeat action on request	Practice dribbling a ball with foot or stick	Walk / run / move and dribble with a ball	Identify what you do best and find most difficult	Keep a game going using a range of techniques